

# NFL.com Fantasy Football Point Structure

<b>Offense</b>	
Every 25 Passing Yards	1 Point
Passing Touchdown	4 Points
Interception Thrown	-2 Points
Every 10 Rushing Yards	1 Point
Rushing or Receiving Touchdown	6 Points
Every 10 Receiving Yards	1 Point
Offensive Fumble Recovery Touchdown	6 Points
2-Point Conversion(Pass, Rush, Receive)	2 Points
Fumble Lost(Includes Special Teams)	-2 Points

<b>Kicker</b>	
Extra Point Made	1 Point
Field Goal Made 0-49 Yards:	3 Points
Field Goal Made 50+ Yards:	5 Points

<b>Defense &amp; Special Teams</b>	
Sack	1 Point
Interception	2 Points
Fumble Recovery	2 Points
Touchdown	6 Points
Safety	2 Points
Return Touchdown	6 Points
Shutout	10 Points
1-6 Points Allowed	7 Points
7-13 Points Allowed	4 Points
14-20 Points Allowed	1 Point
21-27 Points Allowed	0 Points
28-34 Points Allowed	-1 Point
35+ Points Allowed	-4 Points