

ESPN Fantasy Football Point Structure

Offense	
Every 25 Passing Yards	1 Point
Passing Touchdown	4 Points
Interception Thrown	-2 Points
Every 10 Rushing Yards	1 Point
Rushing Touchdown	6 Points
Every 10 Receiving Yards	1 Point
Receiving Touchdown	6 Points
Offensive Fumble Recovery Touchdown	6 Points
2-Point Conversion(Pass, Rush, Receive)	2 Points
Fumble Lost	-2 Points

Kicker	
Field goal 0-39 yards:	3 Points
Field goal 40-49 yards:	4 Points
Field goal 50+ yards:	5 Points
Each extra point:	1 Point
Missed Field Goal	-1 Point

Defense & Special Teams	
Sack	1 Point
Interception	2 Points
Fumble Recovery	2 Points
Touchdown	6 Points
Safety	2 Points
Blocked Punt, PAT, or Field Goal	2 Points
Return Touchdown	6 Points
Shutout	5 Points
1-6 Points Allowed	4 Points
7-13 Points Allowed	3 Points
14-17 Points Allowed	1 Point
18-27 Points Allowed	0 Points
28-34 Points Allowed	-1 Point
35-45 Points Allowed	-3 Points
46+ Points Allowed	-5 Points